

## **IFMG BAMBUÍ GUIDEBOOK**

Welcome to IFMG Bambuí!!! The Coordenadoria de Relações Internacionais (International Relations' Department) along with Comissão Permanente de Apoio às Relações Internacionais – COPARI (Permanent Commission Aid to the International Relations' Department) present you with this guidebook to help you during your first days in our Institution. Find out what is available for you in our Campus!

### **Get to Know IFMG BAMBUÍ**

The Instituto Federal de Educação, Ciência e Tecnologia de Minas Gerais - IFMG (Federal Institute of Education, Science and Technology from Minas Gerais) is a public and free school for technological courses related to High School, graduation and postgraduation degrees. The Institution has a main Dean's office in Belo Horizonte as well as other branches scattered in 18 cities, one of them is IFMG Bambuí. For more information, visit our website: <http://www.bambui.ifmg.edu.br/>

IFMG Bambuí is in *Serra da Canastra* area, with some of the most outstanding secluded areas in the country. There are also beautiful waterfalls for a perfect ecological entertainment.

For more information: <https://www.serradacanastra.com.br/atracoes/serra-da-canastra>

### **See what IFMG Bambuí has to offer**

#### **1) Housing**

The rooms are in Centro de Treinamento area (Experimentation Center). All rooms have bathrooms. There is also a mutual kitchen.

Pay attention!

- Once a week all bed linen and towels are replaced for new ones.
- At the same day, all rooms are tidied up.
- No alcohol in the premises.
- No smoking inside the buildings.
- No drugs or any kind of illegal substances are allowed. Deportation will be applied.

## 2) Restaurant Schedule

The restaurant offers breakfast, lunch, dinner, and a late snack every day:

<b>Weekdays</b>	<b>Weekends</b>
Breakfast: 06:30 to 07:10 a.m.	Breakfast: 08:30 to 09:00 a.m.
Lunch: 10:30 to 12:00 p.m.	Lunch: 12:00 to 12:30 p.m.
Dinner: 05:30 to 06:00 p.m.	Dinner: 05:00 to 05:30 p.m.

You will need a student ID. No money is accepted in the restaurant. You will have to go to Assistência Estudantil (Students' Aid) to get yours.

## 3) Laundry

There are two options available: first, in the laundry room located in Assistência Estudantil, free of charge; second, in Centro de Treinamento by yourself.

Pay attention!

- In order to avoid any damage to your most delicate pieces of clothing, you should avoid using the laundry room in Assistência Estudantil.
- You can wash your own clothing in Centro de Treinamento if you let them dry in a hanging inside.
- It is not allowed to dry clothing in walls, doors and through the Centro de Treinamento halls.

## 4) Internet

Students and registered visitors in our programs can access the internet available in IFMG Bambuí. You will have to go to Coordenadoria de Gerência de Tecnologia da Informação - CGTI (IT Department) with your devices, such as cell phones and notebooks, in order to have your devices registered.

## 5) Sports and Leisure

We offer different ways for you to get your body moving. Swimming, water aerobics, weight training, functional fitness training, chess, table tennis, different kinds of team sports, running and hiking, capoeira, Jiu Jitsu and Muay Thai. You can enroll in one of these activities in Assistência Estudantil.

## **6) Health Services**

In IFMG Bambuí, you can count on many different health professionals to take care of you. Among those professionals, there are a doctor, a dentist, a psychologist, a social worker, and a nurse. You can look for them in Assistência Estudantil.

## **7) Transportation**

There is a daily public transportation service from the city to IFMG Bambuí and vice-versa. There are many bus stops throughout the school.

For more information go to: <http://www.bambui.ifmg.edu.br/portal/horarios-onibus>

## **8) Library**

The library is open from Monday to Friday, from 07:00 a.m. to 09:00 p.m. During weekends, it is open from 07:00 a.m. to 11:00 a.m. You can freely access the library. However, to borrow books, you will need to be registered. This registration is made by Assistência Estudantil.

## **9) Money exchange & Banks**

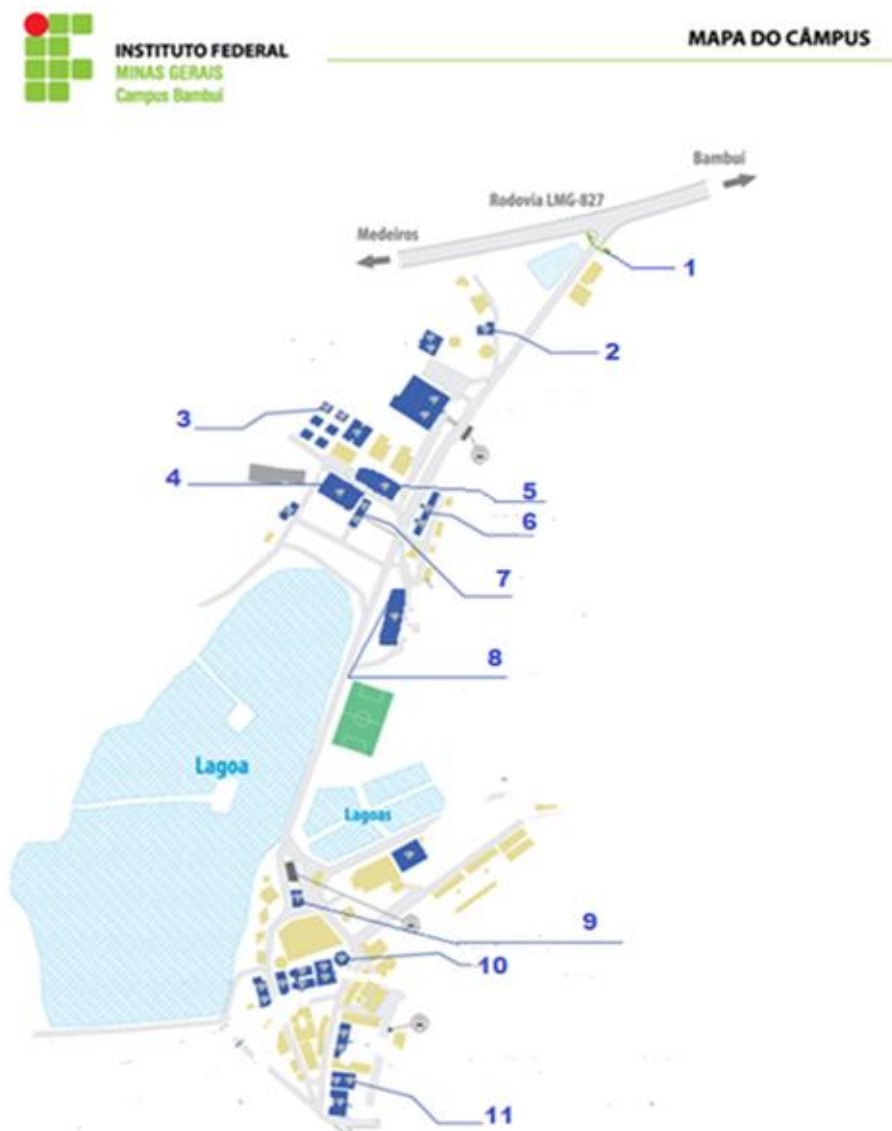
There is no ATM on the campus. In the internal commercial establishments on the campus, such as the cafeteria and sales station, only cash is accepted.

In the city, most establishments accept credit and debit cards. However, there is no currency exchange house or 24-hour banks. For this reason, we suggest that before coming to Bambuí, at the airport, for example, you should change a sufficient amount in reais for the first months of your stay.

## **10) Coordenadoria de Relações Internacionais e COPARI**

For further information, go to Coordenadoria de Relações Internacionais (International Relations' Department) and COPARI. We are here to help you.

## IFMG BAMBUÍ CAMPUS MAP



- 1) Entrance
- 2) Gym
- 3) Students' housing
- 4) Assistência Estudantil (Students' Aid)
- 5) Restaurant
- 6) Library
- 7) General Principal's office / School board's office
- 8) Centro de Treinamento's housing
- 9) Coordenadoria de Relações Internacionais – COPARI
- 10) Coffee shop
- 11) CGTI (IT Department)